Or Chadash FOCUS

By Rabbi Alison B. Kobey

It is that time of year when we are actively thinking about the year that has gone by and the year to come. Like every year, some of you have had a good year and others of you have had a rough go of it. Every year around this time, God and I get into many arguments. I remain unconvinced that four major holidays plus the start of Religious School should happen all within the same month. It makes for an extremely busy season for me. Why not spread out all these major moments? On a certain level, we would probably appreciate each one more if they were not all within a short time period. On

the other hand, maybe we would be less inclined to take them all



seriously and celebrate them. After all, we already know that Shavuot has problems getting its due recognition (a May/June holiday that actually is very important! Ask me if you are interested in learning more). With each of the Tishrei holidays, there is a different flavor of God-ideas: from Ruler to Healer to Judge, to Merciful One, to Gardener, to Rejoicer, and so many more.

(continued on page 5)

SHABBAT/HOLIDAY SERVICES

Friday, September 5 – 6:15pm Shabbat Services with Social Action Theme of Voter Rights followed by Dairy/Vegetarian BBQ and Potluck Dinner Friday, September 12 - 6:15pm Shabbat Services with Birthday Blessings

Saturday, September 13 – 6:15pm Havdallah and Selichot Services with OCS followed by smores (outdoors, weather permitting)

Friday, September 19 – 6:15pm Shabbat Services with Candy Shabbat theme

Sunday, September 21 – 10:00am Kever Avot (Cemetery service) at Garden of Remembrance, Or Chadash section

Monday, September 22 – 7:30pm Erev Rosh Hashanah Services

Tuesday, September 23 – Rosh Hashanah Day 9:00am Young Children's Services (with their special grown-ups)

10:00am Morning Services

12:30(ish) Luncheon (RSVPs required)

2:30pm Tashlich

Friday, September 26 – 6:15pm Shabbat Shuvah Services with Anniversary Blessings

Sunday, September 28 – 1:15pm Reverse Tashlich (12:15 if joining for pizza lunch) at Magruder Park Stream Valley Park Trail (where we do Tashlich)

Wednesday, October 1 – 7:30pm Kol Nidrei / Erev Yom Kippur Services

Thursday, October 2 – Yom Kippur Day 9:00am Young Children's Services (with their special grown-ups)

10:00am Morning Services

12:15pm(ish) Rise Against Hunger

3:15pm Afternoon Services

4:45pm(ish) Yizkor Services

6:00pm(ish) Neilah (Concluding) Services followed by Break-the-fast

Friday, October 3 – 6:15pm Shabbat Services Monday, October 6 – 6:15pm Erev Sukkot

Services (outdoors, weather permitting)

Friday, October 10 – 6:15pm Shabbat Sukkot Services with Birthday Blessings (outdoors, weather permitting)

Monday, October 13 – 6:15pm Erev Simchat Torah / Consecration Services

Friday, October 17 – 6:15pm Shabbat Services Friday, October 24 – 6:15pm Shabbat Services with Anniversary Blessings and Yoga Theme Saturday, October 25 – 10:00am Shabbat Services with the Bar Mitzvah of Isaac Kirsch Friday, October 31 – 6:15pm Shabbat Services

September/October 2025

Contacting Us



Rabbi

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Torah/Text Study_

Some Torah Study and Talmud classes are Zoom only. Others are in-person only so please check the date to see location. If text study is part of services, the opportunity is multi-access.



Saturday, September 6 – 9:30am Torah Study (In-Person Only)

Ki Tzeitzei (Deuteronomy 21:10-25:19)

What does Torah teach us about caring for the captive? What is our obligation when it comes to finding something? Why might you need a rooftop fence? What is our responsibility to workers? What laws in this parashah resonate most with you and what seemingly make no sense to you?

Saturday, September 6 – 11:00am Talmud Class (In-Person Only)

Saturday, September 13 – 9:30am Torah Study (Zoom Only)

Ki Tavo (Deuteronomy 26:1-29:8)

What is one expected to do with tithing and the completion of it? What is the equivalency of tithing today? What are some blessings and struggles in your view? How do they connect (or not) to God?

Saturday, September 13 – 11:00am Talmud Class (Zoom Only)

Saturday, September 20 – 9:30am Torah Study (Zoom Only)

Nitzavim (Deuteronomy 29:9-30:20)

What would you emphasize to loved ones if you knew you were not going with them on an important journey? How would you stress the importance of tradition and being true to yourselves? What is the process of repentance in Judaism? Is following Torah achievable?

Saturday, September 27 – 9:30am Torah Study (In-Person Only)

Vayelech (Deuteronomy 31:1-30)

Why is Moses telling the Israelites that he will not lead them into Israel? How often are we to read Torah? If you were to write a poem to serve as a witness to holiness, what would it say?

Saturday, October 4 – 9:30am Torah Study (In-Person Only)

Ha'azinu (Deuteronomy 32:1-52)

What happens when our relationships go out of kilter? Why is this poem so critical to the fate of the Jews? How is God just, even when we misbehave? How does God evolve? What is Moses' final charge to us? Would you want to know your precise date of death?

Saturday, October 4 – 11:00am Talmud Class (In-Person Only)

Saturday, October 11 – 9:30am Ecclesiastes Text Study (In-Person Only)

Saturday, October 18 – 9:30am Torah Study (Zoom Only)

Bereisheet (Genesis 1:1-6:8)

Has God ever asked you a question? When have you angered God? What are your responsibilities to others? What does it look/feel like to be in God's image? What does creation really mean?

Saturday, October 18 – 11:00am Talmud Class (Zoom only)

Saturday, October 25 – 10:00am NO Torah Study but please join us at Shabbat Services and the Bar Mitzvah of Isaac Kirsch

President's Column

The specific date that starts a New Year can be quite arbitrary, and as long as we are consistent, it really doesn't matter too much. For some of us, it's January 1. For others, it's our birthday. For others, it's Rosh Hashanah. For me, it has always been the start of the school year. This is likely because this is when my day-to-day life changes most. Routines revolve around the school calendar. School year activities dominate much of our calendars. And even with my oldest no longer living at home while they attend college in Blacksburg, VA, their schedule seems to define much of our lives in Germantown, MD.

But my point is that my "year" is just beginning. This is when I do my best to get organized, to set goals, to take the proverbial "deep breath" and jump in with both feet. Every year, I seem to set lofty goals, and often fail to achieve many of what I aspire to accomplish. But that doesn't stop me from trying again the following year.

One of the things I'm trying to do differently from years past is to recognize limitations. Yes, my goals are still extensive and probably considerably more than is reasonable, but one of my top priorities is recognizing the importance of the word "No." I can't speak for anyone else, but one of the hardest things for me to do is to recognize the reality that I can't do it all. I need to delegate responsibilities to others so I can focus on the things that I do best. But that is something that is very difficult. There are many things that I WANT to do. There are many things that I recognize NEED doing and I am uncomfortable asking someone else to take on

the burden, even if they can do it far better than I ever could.

At Congregation Or Chadash, we are a community. This is what I have always felt makes us special. Being small allows us to get to know each other and feel comfortable around all the members of our congregation ... not just a small handful of people. We see each other at worship. We see each other at committee meetings. We see each other at religious school ... the kids in their classes and the adults waiting on the pick-up line. We have formed friendships and we have celebrated together and comforted each other at different times. But because we are small, we need to be there for the community itself. We need everyone to lend a hand to do something to help us grow. Perhaps not literally (although new members and their families are always welcome!). But, each of us is uniquely qualified in some way. Are you good at fundraising? Then come help to organize a fund-raising event. Do you take pride in being politically active and like to take on projects? Consider joining Social Action. How about finance – are you good at setting a budget and helping to allocate funds? Finance committee may be a good place to go. Are your interests broader? Come to a board meeting and see what we discuss on a monthly basis.

The start of a new year is a perfect time to see what you can do to GET INVOLVED.

L'Shalom! Ilene Krom President

Alison B. Kobey (continued)

As we move around to different God-imagery, I was thinking about a recent Talmud passage that I read, about what God does in Her (His? Their?) spare time. Some of the Rabbis decide that a third of God's time is spent judging with mercy, a third is taking care of all of the animals, and a third was reserved for play. Imagine the idea that God, even God, gets some play time.

This has been a rough year for so many people. I know. I hear you. And, I'm sorry. I also know that plenty of the challenges that arose were not in your control. But, what if we, creatures in God's image, took some time to play as well? What if you insisted to yourself that there be some play / some relaxation / some joy in your daily or even weekly life? As we move into the new year, I encourage you to try.

Make room for play / for joy. One of my favorite Hebrew blessings (I know, I know, some of you will call me out on this as I say that about many blessings, but it's true) is the blessing for play. Baruch Atah Adonai Eloheinu Melech HaOlam Yotzer haguf v'chisrono, shenatata b'tocheinu simchat hamischak. Blessed Are You God, Ruler of the Universe, Creator of the body and its skills, who has implanted within us the joy of play.

I hope you find a way to regularly add that blessing into your repertoire, both in language and in action. May the new year, 5786, be a year of joy and blessing.

L'Shalom Rabbi Alison B. Kobey

Religious School Committee

A new school year is almost here! Sunday Religious School will begin on **September 7** and Tuesday Religious School will begin on **September 9**.

Our curriculum this year will be similar to last year's, but unlike last year, students will be in classes with students of the same or similar age. On Sundays, Hebrew classes will rotate each quarter among Modern Hebrew, Prayers, Torah Text, and Music / Shabbat Service Preparation. Judaic classes will focus on Modern Israel / Innovations, Holidays, the History of Civil Rights in America, and the History of Jews in Pop Culture.

We will have our special Simchat Torah and Consecration service on **Monday, October 13**, when we welcome new members to our Religious School and celebrate the Torah.

Are you interested in learning more about the Religious School, or do you have ideas for the Religious School? Please join us at the next Religious School Committee meetings on Sunday, September 14 at 7:30pm on Zoom and Sunday, October 5 at 12:15pm at the Temple.

L'Shalom, The Religious School Comittee

Religious School Schedule

In Session:

September 7, 9, 14, 16, 21, 28, 30 October 5, 7, 12, 14, 21, 26, 28

Not In Session:

September 23 October 19

Keeping Up with Or Chadash

Committee Meetings

Tuesday, September 2 – 7:00pm Membership Committee

Sunday, September 14 – 7:30pm Religious School Committee (Zoom Only)

Wednesday, September 24 – 6:30pm Social Action Committee (Zoom only)

Sunday, October 5 – 12:15pm Religious School Committee

Wednesday, October 15 – 7:00pm Ritual Committee (Zoom only)

Wednesday, October 22 – 6:30pm Social Action Committee (Zoom only)

Religious School Faculty Meeting

Sunday, September 14 at 8:15am

Religious School

Religious School Opening Day is **Sunday**, **September 7**. Please see separate Religious School mailing with a full calendar.

On **Sunday, September 21**, there will be a field trip for students in Pre-K -Kindergarten.

High Holy Day Honors

As is our custom, we use the High Holidays as one of our opportunities to say "thank you." Everyone who receives an honor during the High Holidays is nominated by one or more members of the Leadership Group (Committee Chairs, Board, etc.) for their efforts on behalf of Or Chadash over the past year. We thank them for their dedication, and hope that in the coming year, you too will be an active volunteer and be on the bimah during Rosh Hashanah or Yom Kippur. To all our current volunteers: THANK YOU! Our sacred family is great because of you!

Prospective Members

We need your help! We know that word of mouth is the best way for people to find us and get to know us. If you know of a possible member, please send us the name and any contact information you might have. Then, we will reach out and include the person(s) in a small group opportunity. We hope to hear from you! While prospectives are always welcome, some specific opportunities for them could include an invitation to our Shabbat service on Friday, September 5, followed by our Dairy/Vegetarian Pot-luck Dinner, or to attend holidays. (Please talk to Rabbi Kobey in advance).

Lulay and Etrog

Order a LULAV/ETROG!
Build a sukkah (or visit others) and have some fun during Rabbi Kobey's favorite holiday! Invite family and friends over to your sukkah.
Eat some meals in the Temple sukkah. Have you ever owned your own lulav/etrog for Sukkot? The holiday may come during a busy season, but take some time and enjoy Sukkot! Sukkot reminds us of the frailty of life... certainly these last few years have been a constant reminder, but let's turn these times into sacred Jewish acknowledgments of the season.

To purchase your own lulav/etrog through Temple, please call or email the Rabbi with the following: name, email, phone. ALL ORDERS MUST BE PLACED AND PAID BY FRIDAY, SEPTEMBER 19. NO EXCEPTIONS.

September/October 2025

Youth Groups – CORY

We are proud to present the CORY leadership of 2025-2026:

President: Micah Felman

Programming Vice President: Natalie Gussow

Religious/Cultural Vice President: Ryan

Chidakel

Membership Vice President: Ben Felrice

Secretary: Landon Rolnick Treasurer: Aiden Ballonoff

Purim Carnival Chiefs: Adam Wolfson and Zack

Chidakel Advisor: Rabbi

Date:

We are very excited for the upcoming CORY year and we have lots of great events planned. Anyone who has already become a Bar/Bat/B'nai Mitzvah in 7th grade and anyone in 8th-12th grades are welcome and encouraged to join. Our first event is at one of our favorite venues, TopGolf on **Sunday**, **September 28**. Please submit your money and RSVPs to the Rabbi. We hope to see everyone there!

See the calendar below for more details.

Micah Felman, CORY President

CORY CALENDAR 2025-2026

CORY fee for all events for the year and preferred payment system: \$130.00 (excluding L'Taken, NFTY events, and weekend retreats). Pay by credit card by reaching out to Terri Binder, Temple Treasurer, or by check that can be given to Rabbi or dropped off in the office.

Event:

Tim e:

Time.	Event.
4:00pm	Topgolf
6:00pm	Pizza in the hut, games
3:00pm	Sandy Spring Adventure Park
5:45pm-	Shul-in
9:15am	
2:00pm	Ice Skating at Rockville Town Square
25	10th-12th Grades Teen NYC Trip
8	CORY hosts NFTY-MAR Winter Kallah,
	including services
5:45pm	8 th -10 th Grade Teen Retreat
4:00pm	Purim carnival set-up
11:00am	Purim schpiel and carnival
10:30am	Chocolate Seder
3:00pm	Monster Mini Golf
3:00pm	Hike at Great Falls
	4:00pm 6:00pm 3:00pm 5:45pm- 9:15am 2:00pm 25 8 5:45pm 4:00pm 11:00am 10:30am 3:00pm

September/October 2025

Adult Education

Adult B'nai Mitzvah New and Continuing

We are starting a new group for people interested in becoming B'nai Mitzvah. Please email Rabbi Kobey if you are interested in participating. Class schedule will be based on collective scheduling.

The current class (who will become B'nai Mitzvah on Saturday, January 31) will have classes on Wednesday, September 3, Wednesday, September 17, Wednesday, October 22, and Wednesday, October 29, all at 5:00pm.

Adult Hebrew Classes

There will be an adult Hebrew class starting on Sunday mornings. Reach out to Rabbi Kobey if you are interested.

New Class Starting August 29 on Israel's Milestones and Their Meanings

Israel is in the news every day. In order to understand how Israel was created and became what it is today, it helps to have some background information about British-Mandate Palestine, the UN partition of the territory in 1947, the resulting war that ended with the creation of the State of Israel, and the two successive wars (in 1967 and 1973) that resulted in Israel's acquiring vastly more territory than it had previously been granted.

The ideals, the compromises, and the internal debates about basic matters all help us understand what is going on today.

We will watch portions of a well-produced multi-part video series created by the Shalom Hartman Institute in Jerusalem, entitled Israel's Milestones and Their Meanings: The Legacy of the Past and the Challenge of the Future.

Rabbi Kobey will show the videos and lead the discussion on Zoom. For a four-minute introduction, see the video (narrated by Rabbi Danniel Hartman) at

https://www.hartman.org.il/program/iengage-israels-milestones-and-their-meanings/.

Whether you are familiar with Israel's history or not, this class is sure to provide both background and thought-provoking material. Please RSVP to Rabbi at rabbikobey@gmail.com.

Classes will be Zoom only, Fridays at 12:00pm

- Friday, August 29 Intro and 1917 The Balfour Declaration
- Friday, September 5 1947 The UN Partition Plan
- Friday, September 26 1967 The Six Day War
- Friday, October 10 "Judea and Samaria"
 is it occupation or liberation?
- Friday, October 24 One State, Two States
- Friday, October 31 Jerusalem
- Friday, November 21 Now what?! Jubilee Year and Beyond

New Sunday Series Starting October 26

Join us approximately every two months for inperson one-topic discussions based on articles. Please RSVP to Rabbi to get the article in advance. Come at 9:30am for coffee / social time. Then class will begin at 9:45am. The first class will be **Sunday, October 26.** The article is by Ezra Klein and is entitled *Why American Jews No Longer Understand One Another*.

New Tuesday Series Starting October 21

We will meet in Urbana (location TBD) at 11:00am. Discussion topic also TBD.

Shabbat Greeter and Tech Support

We would love for you to sign up on the SignUpGenius (or reach out to Rabbi if you are having trouble) to be the door greeter person or the tech person. If you are not yet trained in either (or both), we are happy to train you! This link is also the link for the oneg list. Thank you in advance for volunteering!

https://www.signupgenius.com/go/8050845ACA622A7FC1-56236090-shabbat#/



Rise Against Hunger

Back by popular demand! This Yom Kippur we are doing our ninth annual feed-the-hungry program! After morning services, we will be providing an opportunity to directly feed the hungry. While we still will be doing our local food drive for Manna (and hope you will give), this Yom Kippur we will also do a project that will have an international focus. This year we will be packing over 11,000 meals to ship to people in-need in food-impoverished parts of the world. In the last few years, our food went to Haiti, Madagascar, and New Orleans, as a few examples. Last year it went to Honduras.

The program has strict requirements and one is a large indoor space. Thus, the program will occur immediately after morning services and will go (give or take on the timing) until afternoon services. I ask, in advance, for your patience as there might be a bit of "organized chaos," both at the conclusion of morning services and again before the start of afternoon services.

The event is open to anyone ages 4 and above who wishes to help. People need to wear closed-toed shoes and we will be standing as we pack the boxes of food. People will need to wear gloves and hair nets, both of which they provide. As found in the Torah, God commands us to feed the hungry. Will you help? If you are interested, please sign up on the link below. If you have trouble, let me know and I

would be happy to sign you up. We are looking for approximately 40 volunteers at any one time. If there is high demand, we will slightly alter the shift time slots to ensure that anyone who wishes to engage in this mitzvah may do so. If you are signing up multiple people within your household, please list everyone individually so we know who to expect.

We look forward to Yom Kippur and this special Rise Against Hunger program. Sign up here!

https://www.signupgenius.com/go/10C0545 A4AB2B0-57978659-cocrise

Note that this program is not free. We have to pay for the food that we package and it costs Congregation Or Chadash several thousand dollars every year.

To date, Rabbi Kobey has been supplementing any donations from her discretionary fund to make sure we can keep this program running. But we really need congregants to donate to this worthwhile program in order to continue doing this year after year.

If every family that plans to participate can consider making a directed donation to the program, it would make a large difference. Thank you for your help!



Ronald Isaacson, Tutor

Hebrew

(Bar/Bat Mitzvah, 65+ students)

Member of Or Chadash since 1994

(301) 996-9153

isaacson4@gmail.com

Kosher Policy

Please be mindful of our kosher policy. This includes any/all Temple events on Temple property plus Religious School and youth group field trips.

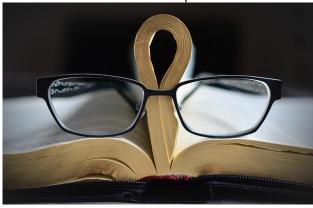
Did you know that we have a kosher policy at Congregation Or Chadash? If you are not familiar with our policy, and to make sure that everyone remembers, here it is:

Kashrut is the term applied to foods that meet Jewish religious requirements. It is used in the sense of food that is ritually clean and edible. Kasher or Kosher means fit to eat. Congregation Or Chadash asks that all people using the building or on Temple grounds, including our members, show respect for our sacred tradition, so that all food served is acceptable to all of our members. Or Chadash follows Biblical Kosher rules meaning:

- There should be no treif at all in the building (i.e., no pig and no shellfish)
- Gelatin is made from pigs and is not okay. It is found in marshmallows and in many candies.
- There should be no mixing of milk and meat (includes chicken) throughout the entire event. This includes "large" or "small" ingredients. Examples include:
- Cheeseburgers
- o Chicken dinner with rolls and butter
- Chicken dinner with ice cream for dessert
- A cake made with butter at a meal with meat.
- There may not be dairy foods at one table and meat foods at a different table.
- Pareve means something neutral, such as fish or eggs and can be served with either dairy or meat. It means the items cannot even have minor meat or milk ingredients.

If students are at a Congregation Or Chadash Religious School program outside of the Temple as part of their Religious School class, we expect them to follow the Congregation Or Chadash Kosher Policy.

September/October 2025



Torah Study and Talmud

There are text-study classes on most Saturdays in September and October. Learn more about our sacred traditions, and connect it all to modern life. Many of our Torah and Talmud study classes are still meeting Zoom-only, but a few now occur in person (without an online component). Please consult the Happenings email blast for links to those sessions that are on Zoom.

Feel free to just drop in, or let the Rabbi know you're interested. See the separate *Torah/Text Study* section on page 3 of this FOCUS for a summary of each week's material, and schedule. No need to read in advance.

First Aid at Temple

We hope you never need first-aid, but as an FYI, there are band-aids and cream in the kitchen, near the sink, and there is an A.E.D. (defibrillator) machine mounted near the glass doors leading into the sanctuary from the foyer.

September/October 2025

Social Action Committee

In support of Mazon's national campaign, *No One Deserved to Go Hungry*, Congregation Or Chadash and the Social Action Committee delivered 37 postcards to the USDA demanding that they preserve the systems and structures that help those facing food insecurity. Unfortunately, the cuts to the Supplemental Nutrition Assistance Program (SNAP) were retained in the bill and have now become law. The Social Action Committee continues to focus many of our activities on food insecurity and homelessness.

On **Saturday, June 28**, the Social Action Committee, with support from several congregants, prepared a dinner for the Stepping Stones family homeless shelter, located in Rockville, MD. Stepping Stones is a family shelter that provides temporary housing and postshelter support for up to 6 families at a time.

COC and The Social Action Committee is participating in the Interfaith Labor Day 5K run/walk on **Monday, September 1**. The registration fee is going to families in need through Gaithersburg HELP. Gaithersburg HELP is a volunteer organization that provides basic-needs assistance to residents in the Gaithersburg area.

B'nai Knit-vahs are back!! We are looking for additional knitters to help grow our contribution. We will be making children's



scarves, women's scarves, baby blankets, baby booties, or baby beanie hats. Knitted items will go to Interfaith Works, an organization that among other things, helps provide emergency shelters and supportive help to over 35,000 Montgomery County residents every year. For more information on joining B'nai Knit-vahs please reach out to Nancy Thorner or the rabbi.

Do you have old coats in your closets collecting dust? We will be sponsoring a coat drive this

fall. Information about the collection will be forthcoming in Happenings.

The upcoming meetings of the Social Action Committee will be held on **Wednesday**, **September 17** at 6:30pm. (Note we are moving up the meeting by a week due to Rosh Hashanah), and **Wednesday**, **October 22** at 6:30pm. Please see Happenings for the link. We welcome all congregants' input on identifying and planning upcoming social action activities.

Supporting Refugees

New Neighbor Interfaith Alliance (NNIA) has doubled the number of people we are supporting this year, since help for the families is scarcer than ever due to federal funding cuts that handicap the federally-funded resettlement agencies. Our COC Social Action Committee recently demonstrated our support to NNIA by making a \$100 donation for sponsorship in the August NNIA Volleyball Tournament Fundraiser.

NNIA is always looking for more volunteers. Our most active committees — employment, education, food delivery, and drivers, are always looking for more help. No experience is needed for any of the volunteer work...our committee leads can help you get involved.

Contact us at NNIAMaryland@gmail.com, or contact congregant Debbie Eisenberg at rjeisenberg@comcast.net for more information, or to volunteer.

All of this work would not be possible without the incredibly generous financial support that we have received from our compassionate donors! While checks can still be mailed to the COC NNIA Refugee Fund, NNIA itself is now a 501(c)(3), and is now accepting online donations at https://ssl.charityweb.net/nnia-maryland.

Also, check out the in-kind donations that are needed here: https://www.signupgenius.com/go/10C0F45A4AA2DA5F9C52-inkind1.

Food Drive

We have a food drive that happens throughout the year, but as we enter our Jewish season of Thanksgiving (aka Sukkot), we ask that you especially remember to fill our food barrels so that we may help local shelters. You will get an empty bag at Rosh Hashanah services, and we ask that you fill it and drop off food on or before Sukkot. Please also know that we are in a friendly competition with other synagogues so the more you give, the better. We want to win!

Mah Jongg

Last year we started a monthly Mah Jongg session. It is not required for you to attend every session. We will meet on the third Sunday of the month from 2:00pm-4:00pm.

The next session is scheduled for **Sunday**, **September 21** at 2:00pm. All levels are encouraged and beginners are welcome. Everyone is learning and we will provide instruction and refreshers as needed. And there is no obligation to come every month ... just come whenever you are able. If you have and are able, please bring a Mah Jongg set and/or square card table.

American Mah Jongg is played according to the rules and standard hands of the National Mah Jongg League. The Official Standard Hands and Rules Cards can be ordered at National Mah Jongg League

(https://www.nationalmahjonggleague.org/index.aspx). It is \$14 for a regular card and \$15 for a large-print card. Please join us even if you do not (yet) have a card - we have some extras and can share.

Brotherhood

The Brotherhood said good-bye in June to our long-time leader, Joe Baum, who moved with his wife Ellyn to Wilmington, North Carolina, in August. Joe has made countless contributions to the Brotherhood and Or Chadash, and we had a good turnout for his send-off. The Brotherhood also met in July and August for their increasingly popular Guys' Night Out dinners, and will meet on **Thursday**, **September 18** at Ted's Bulletin in Downtown Crown at Rio in Gaithersburg.

We are looking at other additional events as we begin our fall planning. If you have any ideas for events, please send them our way to Jack Goldman at jackhgoldman24@gmail.com.

Jack Goldman, Ralph Locke, and Bruce Thorner

New Children's Library in Memory of Vivian Stahl.

Vivian Stahl, who died earlier this summer, was a dedicated member of the Library Committee. In her memory, her family suggested that donations could be made to the Or Chadash Library. From the generous donations, we have been able to create a new library section, specifically for children (and youth) books. The new children's library is in room 107 (on the left as you walk down the hallway). We encourage children, teens, and adults to drop in, browse and read, and check out books. Our adult library collection remains in the room that the COC Library shares with the Little Hands office.

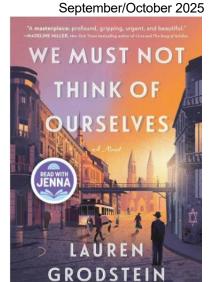
Congregation Or Chadash Book Club

The next meeting of the Congregation Or Chadash Book Club is **Friday, September 12** at 11:30am at Wegmans Market Cafe, 20600 Seneca Meadows Parkway, Germantown. This is an in-person meeting. Zoom is not available.

The book for September is *We Must Not Think of Ourselves* by Lauren Grodstein. This book is available at the Montgomery County Public Libraries.

This is a coed book club. All are welcome to attend!

Please RSVP by **Tuesday**, **September 9** to Jane Harris, <u>clamityjgh@aol.com</u>.



New York Times bestselling author of A FRIEND OF THE FAMILY and OUR SHORT HISTORY



Peaceful and serene 152 acre nonprofit memorial park with beautiful Community Gardens, Family Gardens, and Green Burial Garden.



The Garden of Remembrance is a Certified Level I Arboretum surrounded by a Forest Conservation Preserve in Upper Montgomery County.

Serving the Jewish Community ~ One Family at a Time -

For information or to schedule a visit please call (301) 428-3000 14321 Comus Rd. Clarksburg, MD 20871 www.gardenofremembrance.org

Oneg Schedule

Oneg assignments have been made for the year. Assignments for September-October-November are listed below. We are appreciative of everyone's willingness to provide hospitality for our community in our sacred home. If you have any issues with your assignment, please email us at orchadashadmin@gmail.com. You will be sent a reminder two weeks beforehand.

Friday, August 29	Luciano Benenati	Oneg A (wine/juice/drinks, sweet treats)
	Heather and Jason	Oneg B (challah, fruit/veggies, healthy snacks)
	Bergman	
Friday, September 12	Alex and Melissa	Oneg A (wine/juice/drinks, sweet treats)
	Lebedinski	
	Howard and Melissa Benowitz	Oneg B (challah, fruit/veggies, healthy snacks)
Friday, September 19	Henlan / Rosado	Oneg A (wine/juice/drinks, sweet treats)
	Terri and Irwin Binder	Oneg B (challah, fruit/veggies, healthy snacks)
Friday, September 26	Arlene Greenspan	Oneg A (wine/juice/drinks, sweet treats)
	Lisa Cahn	Oneg B (challah, fruit/veggies, healthy snacks)
Friday, October 3	Richard Carr	Oneg A (wine/juice/drinks, sweet treats)
	Susan and Scott Chidakel	Oneg B (challah, fruit/veggies, healthy snacks)
Friday, October 10	Marci Nadler	Oneg A (wine/juice/drinks, sweet treats)
	Jon Clark and Maureen Ruskin	Oneg B (challah, fruit/veggies, healthy snacks)
Friday, October 17	Andrew and Suzanne Colby	Oneg A (wine/juice/drinks, sweet treats)
	Lona Farhi and Ralph Locke	Oneg B (challah, fruit/veggies, healthy snacks)
Friday, October 24	Kirsch Household	Oneg A (wine/juice/drinks, sweet treats)
Saturday, October 25	Kirscii Houseilolu	Oneg B (challah, fruit/veggies, healthy snacks)
Friday, October 31	Nancy Goldspiel	Oneg A (wine/juice/drinks, sweet treats)
	Karen Conner	Oneg B (challah, fruit/veggies, healthy snacks)
Friday, November 14	Mayer/Tinkleman Families	Oneg A (wine/juice/drinks, sweet treats)
		Oneg B (challah, fruit/veggies, healthy snacks)
Friday, November 21	Rob and Deb Eisenberg	Oneg A (wine/juice/drinks, sweet treats)
	Carol Cooper	Oneg B (challah, fruit/veggies, healthy snacks)
Friday, November 28	Lisa and Daniel	Oneg A (wine/juice/drinks, sweet treats)
	Cooperstein	
	Michael DeMesquita	Oneg B (challah, fruit/veggies, healthy snacks)

Special Services

Summary of the Tishrei Cycle (Starting with Selichot and talking about Rosh Hashanah, Yom Kippur, Sukkot, and Simchat Torah)

Saturday, September 13 starts the fall holiday season in earnest with Selichot, a holiday that sets the mood for Rosh Hashanah by offering a few of the prayers and melodies and moments of reflection. The service begins at 6:15pm, followed by s'mores (with vegetarian marshmallows). Outdoor service, weather permitting.

Sunday, September 21 at 10:00am at Garden of Remembrance is a new (for Or Chadash) ritual of honoring our loved ones who have died. The ritual is called Kever Avot, literally meaning grave of the ancestors, and is an opportunity to physically visit the cemetery right before the High Holy Days. While our loved ones may be buried in a variety of cemeteries across the globe, we will have a ritual at the Or Chadash section of Garden of Remembrance as a tangible way to reflect and remember.

Monday, September 22 marks Erev Rosh Hashanah with services at 7:30pm and Tuesday, September 23 marks Rosh Hashanah with our children's service at 9:00am, main services at 10:00am, a Rosh Hashanah luncheon (RSVP required) and Tashlich at 2:30pm.

Sunday, September 28 at 1:15pm (12:15pm if joining for pizza lunch) will be Reverse Tashlich. Tashlich is a communal ritual to help cast off our "sins" and free ourselves of the past, and an opportunity to come together as a COC community to engage in social action and mindfulness. We will be cleaning up where we go for Tashlich. Please see the additional information on page 16 with details.

Erev Yom Kippur is **Wednesday**, **October 1** with services at 7:30pm. Yom Kippur day is on **Thursday**, **October 2**, with our children's service at 9:00am and main services at 10:00am. We will again have our Rise Against Hunger program, packing over 11,000 meals to help feed the hungry. Yom Kippur services will continue in the afternoon at 3:15pm, including time for meditation, yizkor (remembering our loved ones who have died) at approximately 4:45pm, and the concluding service at approximately 6:00pm. We will end our day with a congregational (and guests) break-the-fast. Please RSVP.

Monday, October 6 is the start of Sukkot and we will have services at 6:15pm followed by an edible sukkah building. How will your sukkah look at the end? Will you use M&M's? Frosting? Graham crackers? Supplies will be provided.

Monday, October 13 is Simchat Torah and we will mark the holiday again at services at 6:15pm. Services will include Consecration (officially welcoming our newest students into the Religious School) followed by a makeyour-own-sundae oneg. We hope that we will get enough adult hands to help us so we can unroll the entire Torah scroll that evening!

I know the fall is a busy season, both in our secular lives and in the Jewish calendar. (Really, I know!) Please mark your calendars and join us at all the events and holidays. While I may not love the months leading up to the holidays (it's a lot to do!), the holidays themselves are all really special. The more people that share in them, the more fun will be had by all!

September/October 2025

Edible Sukkah Building

What will your edible sukkah look like?! Join Rabbi Kobey making your favorite edible sukkah, including graham crackers, frosting, pretzels, and more. Come to Erev Sukkot services on **Monday**, **October 6** with services beginning at 6:15pm and stay for edible sukkah building. Supplies will be provided. All are welcome. While RSVPS are not required, they will help us plan, so we encourage you to RSVP to Rabbi.

Make Your Own Sundaes

Join us at Erev Simchat Torah services on **Monday, October 13** at 6:15pm and stay for make-your-own-sundaes.

Celebrating Simchas (Joyous Moments)

Celebrate your birthday with your Or Chadash family. Be called to the bimah and receive a special blessing and birthday treat to mark the occasion. We have Birthday Blessings every month. For the month of September, come on **Friday, September 12** at 6:15pm and for the month of October, join us on **Friday, October 10** for Sukkot/Shabbat in the sukkah (weather permitting) at 6:15pm.

We also celebrate anniversaries within our Or Chadash family. Again, be invited onto the bimah for a special blessing and treat (a different treat from the Birthday Blessings). This is also monthly with Anniversary Blessings on **Friday**, **September 26** at 6:15pm and **Friday**, **October 24**, at 6:15pm.

Do you have other simchas to share? Let Rabbi Kobey know so we can rejoice together.

Rosh Hashanah Luncheon

See the flyer on page 19.

Yom Kippur Break-the-fast

Join us after Yom Kippur concluding services for the break-the-fast. It's free, but we need RSVPs! See the flyer on page 21.

Tashlich and Reverse Tashlich

Tashlich is a communal ritual to help cast off our "sins," and free ourselves of the past. We meet on Rosh Hashanah for a shared ritual that also allows for private reflection. Some people use bread. Others use pebbles to gently toss into a stream as part of casting off our wrong-doings.

Reverse Tashlich is an opportunity to clean up the earth and take away waste/trash. Please join the global Jewish movement dedicated to repairing and safeguarding the environment. Please help by volunteering for an innovative approach to Jewish environmental stewardship. We will be meeting on Sweepstakes Road where we have gathered previously for Tashlich and pick up trash along the boardwalk and surrounding areas on the Magruder Park Stream Valley Park Trail. We hope to have at least 20 volunteers to help clean up, remove trash and improve the environment along the trail. Gloves and trash bags will be available. This year, on Sunday, September 28, we will be offering a pizza lunch after Religious School at 12:15pm (open to the whole congregation), after which we will proceed to Reverse Tashlich at 1:15pm. Please RSVP to the Rabbi by Wednesday, September 24 if you plan to attend the pizza lunch at Or Chadash at 12:15pm.

Cemetery Service (Kever Avot)

The ritual Kever Avot, literally meaning grave of the ancestors, and is an opportunity to physically visit the cemetery right before the High Holy Days. While our loved ones may be buried in a variety of cemeteries across the globe, we will have a ritual at the Or Chadash section of Garden of Remembrance as a tangible way to reflect and remember our loved ones. Jewish cemeteries are meant to be a serene and a beautiful physical space where we can visit to recall the memories of our loved ones. We will share in some communal prayers and reflections as well as have space for our own private moments. Join us on Sunday, September 21 at 10:00am at Garden of Remembrance, 14321 Comus Rd., Clarksburg, MD, at the Or Chadash section.

Thank You to Our Donors

Thank you to our generous donors. Note that this list includes donations that were deposited during late June, July, and early August. Please contact the office for more information.

General Donations

Jesse Gellert

Susan Gellert in memory of Ferrel Furr

Doreen Kreger in memory of Betty Cohen

Gerald Ray Mollie Lipshy Charitable Trust & Judy Gable

Louis & Ting Rosenthal in Memory of Evelyn Rosenthal

Marc & Geri Sliffman

Yahrtzeit Board

Alex & Melissa Lebedinsky in memory of Lynda Keisler

Bob Senseney in memory of Vivan Stahl

Bob Senseney in memory of Helen Stahl

NNIA Refugee Support

Social Action Committee, as sponsor of NNIA Volleyball Tournament fundraiser

Rise Against Hunger

John & Jane Harris

Library Fund

Diane & Sydney Levitus in memory of Vivian Stahl

Deborah Lewis in memory of Vivian Stahl Kathy Spiegel & Richard Fitz in memory of Vivian Stahl

Sharon Stahl in memory of Vivian Stahl
Nancy & Bruce Thorner in memory of Vivian
Stahl's life & spirit & keeping her memory
alive

Rabbi's Discretionary

Mr. and Mrs. Andrew Colby in memory of Robin Colby

Diane & Neal Levene thank you so much for coming out in the heat for mother's unveiling Alan Tinkleman

Welcome

Welcome to our new members Karen Klausmeyer and Jason Klausmeyer

Mazel Tov

Congratulations to Michael Isaac Kirsch on becoming a Bar Mitzvah on October 26.

Condolences

We extend our deep condolences to Bette Korenge and her family on the death of her child, Brandon Kennard (aka Bex MacDonald Kennard, IV) who lived January 6, 1992 - August 5, 2025.

Yahrzeits

If you have an upcoming yahrzeit that is not listed, please call the office at 301-482-1025, and we will add any names you wish to remember. Names will be read at Shabbat services during the week of a loved one's death. When two dates are shown, the names will be read during the Friday evening and Saturday morning Shabbat services. Note that the second column lists the observing member.

Friday, August 29

**Harry Abrahams Father of Michael Abrahams

Friday, September 5

**Amelia Abrahams Mother of Michael Abrahams
Jane Nadler Mother of Karl Nadler

Friday, September 12

Peggy Weber Sedman
**Saul Keisler
Victor Farhi
Sheila Geisler

Fred Petok & Marsha Weber
Father of Melissa Lebedinsky
Father of Lona Farhi
Mother of Andrew Colby

Friday, September 19

Edith Cahn

Mildred Ross

Benjamin Heritage
Samuel Weidler

Grandmother of Lisa Cahn
Great-aunt of Ellyn Baum
Brother of Robin Farquhar
Father of Nancy Isaacson

Friday, September 26

Gertrude Marx
Isaac Goldsteen Hay
Anne Rosenthal

Grandmother of Fred Marx
Son of Donna Goldsteen & Carl Hay
Mother of Cindy Bender

Friday, October 3

Jerome Apirian
Ronald Kalman
Betty Sommer
Grandmother of Heather Held
Faye Tinkleman
**Yetta Bell
Bernice Perselay
Leon Segal
Lovice Price
Father of Susan Drubin
Father of Karen Conner
Grandmother of Heather Held
Mother of Alan Tinkleman
Mother of Heather Bergman
Aunt of Jane Harris
Grandfather of Jared Bellman
Mother of Esther Streusand

Friday, October 10

George Miller Father of Ina Meyer
Maxine Bellman Grandmother of Jared Bellman

Mother of Esther Streusand

Father of Ina Meyer

Friday, October 17

Gabrielle Barkan-Bilow Daughter of Daniel and Elizabeth

Bilow

Ike Cohen
Ann Bailen
Howard Seal White
Arline Baum

**Yta Gellert

Grandfather of Heather Held
Mother of Rich Bailen
Father of Susan White
Mother of Joe Baum
Grandmother of Jesse Gellert

Mother-in-law of Susan Gellert
George Goldenberg
Robert Swigart

Grandfather of Diane Levitus
Brother of Thomas Swigart

Friday, October 24 & Saturday, October 25

Meyer Epstein Father of Alan Epstein Lorraine Aronson Mother of Marci Nadler Franklin Rosenfeld Father of Karen Rosenfeld-Dean David Breuer Brother of Michael Breuer Nicholas Stroud Father-in-law of Rebecca Stroud Shirley Blum Aunt of Howard Kaufman Alvin Charens Uncle of Michelle Bailen Stanley Goldberg Father of Julie Swain Harriet Leef Aunt of Diane Levitus

Friday, October 31

Anna Benenati Morris Zoldan **Marshall Zeidman

Ronald Engel Edith Slonk Mother of Luciano Benenati Grandfather of Howard Lansat Brother of Ricke Zeidman Uncle of Philip Zeidman Father of Sheri Dayton Grandmother of Barbara Marx

Friday, November 7

Arthur Aronson Morris Glosman Joseph Binder Hans Breuer Gertrude Lessans Else Rosenblum Father of Marci Nadler Grandfather of Alana Hyman Father of Irwin Binder Father of Michael Breuer Mother of Ray Lessans Grandmother of Ziona Mossman

Swigart

^{**}Yahrtzeit plaque



Rosh Hashanah Luncheon

Join us on Rosh Hashanah Day --- Tuesday, September 23

following morning services for a Chinese food lunch

There will be both chicken options and vegetarian options along with appetizers, veggies, lo mein, rice, drinks and desserts.

Member pricing Adults: \$18.00 a person

Children (ages 5-12): \$9.00 a person

Children (ages 4 and younger): Free

Non-member pricing Adults: \$25.00 a person

Children (ages 5-12): \$12.50 a person

Children (ages 4 and younger): Free

RSVP by September 12

RH luncheon RSVP by September 12		
Return to: COC, 24800 Kings	Valley Rd., Damascus, MD 20872	
Name:	# Veggie meals:	
# Adults:		
# Children (ages 5-12):		
# Children (ages 0-4):		
Total Price: \$		
If you would like to attend, but are in financ	cial hardship, please reach out to Rabb	

If you would like to attend, but are in financial hardship, please reach out to Rabbi Kobey.

All information will be kept strictly confidential.



Payable to: Congregation Or Chadash

24800 Kings Valley Road Damascus, Maryland 20872 Rabbi Alison Kobey (301) 482-1025 F(301) 482-1027

Yom Kippur Yizkor Memorial Service Book of Remembrance

Remember your loved ones in our annual *Yizkor Book*. You are welcome to submit names of both Jewish and non-Jewish loved ones. At this time of year, we are at a unique crossroads: we are reflecting upon the year past while looking forward to the New Year. By memorializing the names of loved ones who are in your heart in this year's Yizkor Memorial Service Book of Remembrance, you will not only honor their memories at this special time, but through this act of kindness, you will also fulfill our highest form of tzedakah (charity). The Book of Remembrance will be distributed at the Yizkor Service.

If a loved one has a yahrtzeit plaque on our Memorial Wall in the sanctuary, the name is automatically included in the Yizkor book.

ALL FORMS AND CHECKS MUST BE RECEIVED BY THE TEMPLE OFFICE:

MUST BE RECEIVED NO LATER THAN SEPTEMBER 19 (FIRM DEADLINE)

Please list (print clearly) all names you wish to include in this year's *Book of Remembrance*. If needed, please add in parentheses how to pronounce a name. Additionally, if you would like photos of your loved ones as part of the slides, please e-mail them to Rabbi Kobey no later than September 19th (but earlier is better!) If needed, attach a separate page with additional names. If you have given Rabbi photos in the past and your list has not changed, just e-mail Rabbi to let her know that it is the same.

Amount Enclosed \$

yom Kippur Break-the-Fast



Join us at the end of Yom Kippur for Break-the-Fast --- Thursday, October 2 We will provide bagels, schmear, fish, and more

We ask that, if possible, you help support break-the-fast by providing dairy/vegetarian food. However, even if you are unable to provide anything, you are welcome (and encouraged) to join us.

Households A-L to bring dairy or vegetarian sides/salads Households M-Z to bring desserts

(If you have multiple last names in your household, the choice is yours!)

All are welcome.

YK Break-the-Fast

Help us plan! RSVPs are not required, but encouraged by September 24

Include your name and number of attendees to: orchadashadmin@gmail.com



Congregation Or Chadash

Tree of Life

Honor simchas (happy life events) with a leaf on Congregation Or Chadash's Tree of Life.

Two leaf sizes are available as well as a few special

Toves

To order, please fill out the form below and return to the temple office.

To order remembrance plaques for the Yarhtzeit Board, Please use the Yarhtzeit Plaques Order Form

Name: Phone:	
Email:	
Small Leaf - Suggested Donation \$180 - Up to four lines, 25 characters	per line.
Large Leaf - Suggested Donation \$360 - Five lines, 30 characters per line	е.
Dove - Suggested Donation \$1000 - Call the office for more details	
Congregation Or Chadash	301-482-1025 (ø)
24800 Kings Valley Rd., Damascus, MD 20872	301-482-1027 (f)



Yahrzeit Plaque Order Form

Person being remembered (check fi			
Hebrew Name:	ben/bat	Parent 1	Parent 2
Secular Calendar Date of Death	:	- arche i	raicht 2
Approximate time of death:		_ (pre or post s	undown)
Hebrew Calendar Date:			
If you wish to use the Hebrew date to be look up the date fo	included, but do r you based on t	on't know it, cheo he secular date.	ck the box and we wil
Member Placing the order:			
Name:			
Address:			
City-State-Zip:			
Phone:	Email:		
Payment Information The cost is \$180 per plaque. If tra cost is \$90 per plaque. Each plaque Payment must accompany the ord Check or cash (enclosed) If you wish to order multiple premembered p	e can remembe ler form.	r only one perso nclude informat	n. ion for additional

Return forms to the Temple office at 24800 Kings Valley Rd., Damascus, MD 20872 or email to orchadashadmin@gmail.com.

